

SCOTTISH CROSS COUNTRY UNION  
NATIONAL RELAY CHAMPIONSHIP  
25th October 1986

YOUNG ATHLETES

|                       |                |              |              |
|-----------------------|----------------|--------------|--------------|
| Pitreavie AAC 'A'     | M Kelso        | J Hemmings   | C Murphy     |
| 1 33.29               | 12.06 5        | 11.12 1      | 10.11 1      |
| Clydebank AAC 'A'     | D Fotherington | A Russell    | D McGinley   |
| 2 34.06               | 12.04 4        | 11.16 2      | 10.46 2      |
| Falkirk Vic. 'A'      | A Tulloch      | B Gorman     | S Rankin     |
| 3 34.27               | 11.56 2        | 11.30 3      | 11.01 3      |
| Clydebank AAC 'B'     | C McShannon    | A Thain      | D Stewart    |
| 4 34.33               | 12.19 7        | 11.31 5      | 10.43 4      |
| Motherwell YMCA 'A'   | M McEwan       | S Fox        | J Houston    |
| 5 34.56               | 11.58 3        | 11.57 6      | 11.01 3      |
| Edinburgh AC 'A'      | R Carmichael   | D Low        | A Kinghorn   |
| 6 35.11               | 11.53 1        | 11.49 4      | 11.29 6      |
| Pitreavie AAC 'B'     | R Arnott       | W Gibson     | I Cumming    |
| 7 35.30               | 12.32 12       | 11.34 8      | 11.24 7      |
| Kilmarnock Har 'A'    | A armstrong    | G Reid       | S White      |
| 8 35.31               | 13.20 52       | 10.56 11     | 11.15 8      |
| Dumfries AAC          | F Toolis       | N White      | S White      |
| 9 35.35               | 12.37 15       | 11.45 13     | 11.13 9      |
| Edinburgh South 'A'   | S Pringle      | R Lewis      | E Cameron    |
| 10 35.35              | 12.41 19       | 11.59 18     | 10.55 10     |
| Central Reg AC        | B McMillan     | P McArthur   | M Currie     |
| 11 35.36              | 12.44 22       | 11.58 19     | 10.54 11     |
| East Kilbride AAC 'A' | B McDougall    | A Smith      | I Tierney    |
| 12 35.40              | 13.17 48       | 11.36 23     | 10.47 12     |
| Clydebank AAC 'C'     | D Ashton       | J Cullen     | J Monaghan   |
| 13 35.43              | 12.37 17       | 11.41 12     | 11.25 13     |
| Kilbarchan 'A'        | J Spearing     | T Graham     | S Douglas    |
| 14 36.02              | 12.56 32       | 11.17 10     | 11.49 14     |
| Shettleston Har 'A'   | P Loage        | S Wright     | I Dunne      |
| 15 36.05              | 12.51 24       | 12.13 29     | 11.01 15     |
| Victoria Park 'A'     | S Queen        | S Barnett    | B McKay      |
| 16 36.06              | 13.57 82       | 11.17 36     | 10.55 16     |
| Inverness Har 'B'     | A Sutherland   | J McDowell   | A Chalmers   |
| 17 36.08              | 13.00 37       | 11.35 16     | 11.33 17     |
| Inverness Har 'A'     | D Hards        | S Jarvie     | A Bone       |
| 18 36.18              | 13.06 39       | 11.42 22     | 11.30 18     |
| Falkirk Vic 'B'       | S Wilson       | J Gorman     | I White      |
| 19 36.21              | 13.04 38       | 12.08 34     | 11.09 19     |
| Law & Dist.           | P Carty        | J Brown      | N McInnes    |
| 20 36.24              | 13.17 50       | 11.28 20     | 11.41 20     |
| Clydebank AAC 'D'     | W McBride      | G Wiseman    | M McBride    |
| 21 36.24              | 12.58 36       | 12.03 27     | 11.23 21     |
| Edinburgh South 'B'   | P Davis        | L Culbertson | I Idessanf   |
| 22 36.28              | 12.52 26       | 12.39 41     | 10.57 22     |
| Larkhall YMCA 'A'     | K Woods        | S Ferguson   | S Cunningham |
| 23 36.30              | 12.37 18       | 12.20 25     | 11.33 23     |
| Irvine AC 'A'         | P Brennan      | C Caitens    | T McKendrick |
| 24 36.33              | 13.10 40       | 12.02 33     | 11.21 24     |
| Colzium AAC 'A'       | D Callaghan    | J Cowan      | T Cribben    |
| 25 36.34              | 12.27 9        | 12.34 28     | 11.33 25     |
| Ayr Seaforth 'A'      | D Kinghorn     | P Nason      | S Lynch      |
| 26 36.34              | 12.27 11       | 11.58 14     | 12.09 26     |
| Ayr Seaforth 'B'      | K Stevenson    | B Stewart    | A McEwan     |
| 27 36.39              | 12.27 10       | 12.20 21     | 11.52 27     |
| Greenock Glen 'A'     | K Galbraith    | J McFadyen   | C Hendry     |
| 28 36.47              | 13.40 73       | 11.57 44     | 11.10 28     |
| Dumbarton AAC 'A'     | P McCreadie    | B McCreadie  | S McKendrick |
| 29 36.50              | 13.13 45       | 12.01 35     | 11.36 29     |
| Piteavie AAC 'C'      | S Ross         | S Burch      | G Gardiner   |
| 30 36.52              | 12.50 30       | 12.18 31     | 11.42 30     |

|                     |               |              |              |
|---------------------|---------------|--------------|--------------|
| Cambuslang H 'A'    | W McCafferty  | D McPherson  | D McHardy    |
| 31 36.55            | 12.18 6       | 11.55 9      | 12.42 31     |
| Teviotdale H 'A'    | B Wear        | S Rae        | C Murphy     |
| 32 37.01            | 12.58 35      | 13.00 53     | 11.03 32     |
| Kilbarchan AAC 'B'  | J Shields     | B Adams      | A Dickie     |
| 33 37.02            | 13.11 43      | 11.48 26     | 12.03 33     |
| Clydebank AAC 'E'   | S Simpson     | G Harvey     | T McAuley    |
| 34 37.04            | 13.24 57      | 12.07 42     | 11.33 34     |
| Inverness H 'C'     | M McKay       | C Stewart    | D Bell       |
| 35 37.07            | 13.17 47      | 11.53 32     | 11.57 35     |
| Inverness H 'D'     | K Murray      | S Hendry     | D McAdam     |
| 36 37.12            | 13.20 56      | 12.04 37     | 11.48 36     |
| Irvine AC 'B'       | J McLaughlin  | R McClymont  | S McKendrick |
| 37 37.15            | 13.17 49      | 12.41 51     | 11.17 37     |
| Falkirk Vic 'C'     | C Gourley     | I Callaghan  | I Davidson   |
| 38 37.21            | 13.20 51      | 12.28 48     | 11.33 38     |
| Kilmarnock H 'B'    | S Ferguson    | B Wilson     | M Porter     |
| 39 37.21            | 13.40 72      | 12.24 55     | 11.17 39     |
| Victoria Park 'C'   | C Allison     | C Greenhalgh | R Blair      |
| 40 37.21            | 13.44 75      | 12.15 54     | 11.22 40     |
| Clydesdale H 'A'    | M Govan       | D McAuslan   | G Divers     |
| 41 37.26            | 13.11 42      | 12.27 45     | 11.48 41     |
| Cumbernauld AAC 'A' | M Wellsford   | A Lyttle     | G Queen      |
| 42 37.30            | 12.52 27      | 11.39 15     | 12.59 42     |
| Edinburgh AC 'C'    | G McCann      | C McNamara   | C Neilson    |
| 43 37.31            | 12.56 34      | 12.35 43     | 12.00 43     |
| Cambuslang H 'B'    | D Strong      | G Simpson    | N Hendry     |
| 44 37.33            | 12.24 8       | 11.39 7      | 13.30 44     |
| Maryhill H 'A'      | H Haveron     | J Watt       | A Gallagher  |
| 45 37.36            | 13.49 78      | 12.03 49     | 11.44 45     |
| Kilmarnock H 'C'    | C Coleman     | P Ross       | B Scott      |
| 46 37.40            | 13.20 55      | 12.54 59     | 11.26 46     |
| Ayr Seaforth 'C'    | I Ferguson    | S Rutherford | A McKie      |
| 47 37.46            | 12.52 25      | 12.37 39     | 12.17 47     |
| Dumfries AAC 'B'    | D Howat       | R Toolis     | J Howat      |
| 48 37.49            | 12.41 20      | 12.13 24     | 12.55 48     |
| Victoria Park 'B'   | D Rainey      | F McNellan   | F McGowan    |
| 49 37.51            | 14.04 86      | 12.34 68     | 11.13 49     |
| Livingston AAC 'A'  | S McArthur    | G Bailey     | D Beagley    |
| 50 37.51            | 13.24 58      | 11.29 50     | 11.58 50     |
| Colzium AC 'B'      | L O'Hare      | S McDaide    | P Reilly     |
| 51 37.55            | 12.56 33      | 12.46 46     | 12.13 51     |
| Colzium AC 'B'      | F Reilly      | A Laird      | C Crawford   |
| 52 38.00            | 12.36 13      | 12.50 38     | 12.34 52     |
| George Heriots CCRC | A McConnachie | M Pawlowski  | D McNeill    |
| 53 38.00            | 12.52 29      | 11.46 17     | 13.22 53     |
| Garscube Har.       | L Hendry      | J McKinnon   | S Marshall   |
| 54 38.01            | 13.34 65      | 13.16 79     | 11.11 54     |
| Victoria Park 'E'   | K McVey       | J Alderinto  | W Mitchell   |
| 55 38.01            | 12.44 21      | 12.46 40     | 12.31 55     |
| Falkirk Vic 'F'     | B Kemp        | T Nimmo      | J Den-kaat   |
| 56 38.04            | 13.44 76      | 12.39 63     | 11.41 56     |
| East Kilbride 'C'   | J Blake       | P Campbell   | C Clements   |
| 57 38.12            | 13.30 61      | 12.16 47     | 12.26 57     |
| Edinburgh South 'C' | I Murray      | C Sharp      | M Cossar     |
| 58 38.21            | 12.37 14      | 14.07 72     | 11.37 58     |
| Falkirk Vic 'E'     | D Hepburn     | D Cocker     | J Patsill    |
| 59 38.23            | 13.47 77      | 12.50 67     | 11.49 59     |
| Edinburgh AC 'D'    | D Sharkey     | R Iain       | S Douglas    |
| 60 38.26            | 13.24 60      | 13.05 66     | 11.57 60     |
| Clydebank AAC 'F'   | S Collins     | S McCafferty | D Fulton     |
| 61 38.29            | 14.08 90      | 12.15 62     | 12.06 61     |
| East Kilbride 'B'   | I McGregor    | F Bonini     | G Fagan      |
| 62 38.39            | 14.38 102     | 12.17 83     | 11.44 62     |
| Bellahouston H 'A'  | D Anderson    | A Mack       | P O'Donnell  |
| 63 38.39            | 14.16 95      | 12.25 71     | 11.58 63     |

|                     |             |                |             |
|---------------------|-------------|----------------|-------------|
| Falkirk Vic 'D'     | A Murdoch   | C Callaghan    | M Austin    |
| 64 38.39            | 13.30 62    | 12.57 65       | 12.12 64    |
| Loudoun Runners 'A' | E Hutchison | J Muirhead     | S Phillips  |
| 65 38.39            | 14.38 101   | 12.07 73       | 11.54 65    |
| Greenock Glen 'B'   | B Kelly     | P Murray       | D Shaw      |
| 66 38.44            | 14.57 108   | 12.11 84       | 11.36 66    |
| Cambuslang H 'C'    | N Cameron   | D McLean       | K Allen     |
| 67 38.47            | 12.52 28    | 12.16 30       | 13.39 67    |
| Edinburgh South 'D' | D Smith     | Meikle         | V Galbraith |
| 68 39.01            | 12.37 16    | 14.08 74       | 12.16 68    |
| Bellahouston H 'B'  | T Preston   | S Rooney       | D Foy       |
| 69 39.01            | 13.32 63    | 12.36 58       | 12.53 69    |
| Livingston AC 'B'   | R Chapman   | A Mason        | S Bailey    |
| 70 39.09            | 14.16 96    | 12.34 78       | 12.19 70    |
| Springburn H 'A'    | M Hannah    | D McGregor     | T McGowan   |
| 71 39.10            | 13.17 46    | 13.37 82       | 12.16 71    |
| Dumbarton AAC 'B'   | J McCall    | A Flaws        | D Wilson    |
| 72 39.16            | 13.13 44    | 13.33 75       | 12.30 72    |
| Hamilton H 'A'      | A Bradshaw  | I McGurk       | M Gallagher |
| 73 39.20            | 14.01 83    | 13.07 88       | 12.12 73    |
| Inverness H 'E'     | A Jarvie    | N Thompson     | P Walder    |
| 74 39.22            | 13.40 74    | 12.59 70       | 12.43 74    |
| Motherwell YMCA 'C' | R Duncan    | J Muir         | D Gardiner  |
| 75 39.23            | 15.22 121   | 13.48 102      | 11.21 75    |
| Motherwell YMCA 'B' | A McNay     | G Danskin      | C McCann    |
| 76 39.24            | 15.04 114   | 12.41 98       | 11.39 76    |
| Teviotdale H 'B'    | J Hughes    | S Purdie       | M Bryson    |
| 77 39.37            | 14.14 93    | 13.13 95       | 12.10 77    |
| Clydebank AC 'H'    | P Girvan    | M Buckley      | J McPaike   |
| 78 39.41            | 14.14 92    | 12.46 85       | 12.41 78    |
| Ayr Seaforth 'D'    | A Dupey     | J McFadzean    | G McMichael |
| 79 39.41            | 12.56 31    | 13.20 60       | 13.25 79    |
| Victoria Park 'D'   | N Wilson    | S Low          | M Burgass   |
| 80 39.41            | 15.04 115   | 12.40 97       | 11.57 80    |
| Irvine AC 'C'       | M McKerrell | B Dalziel      | C Hunter    |
| 81 39.45            | 13.24 59    | 13.24 77       | 12.57 81    |
| Dumfries AC 'C'     | G McNeil    | G Scott        | C Murray    |
| 82 39.48            | 13.34 68    | 12.33 57       | 13.41 82    |
| Clydebank AC 'G'    | K Mullen    | M Docherty     | S Cameron   |
| 83 39.49            | 14.08 89    | 12.44 80       | 12.57 83    |
| Cambuslang H 'E'    | C Wilson    | G McGugan      | C McDonald  |
| 84 39.51            | 14.08 88    | 13.08 92       | 12.35 84    |
| Clydesdale H 'B'    | R Cassidy   | T Dunn         | A Lennox    |
| 85 40.01            | 15.04 113   | 12.25 96       | 12.32 85    |
| Kilmarnock H 'D'    | A Osborne   | C Harrow       | D Hannah    |
| 86 40.02            | 13.51 81    | 13.33 94       | 12.38 86    |
| Irvine AC 'D'       | S O'mara    | D Bryant       | S Baird     |
| 87 40.03            | 13.34 66    | 13.32 90       | 12.55 87    |
| Kilbarchan AAC 'C'  | D Sharp     | J Timmins      | B Kirkwood  |
| 88 40.04            | 15.45 126   | 12.14 100      | 12.05 88    |
| Loudoun Runners 'B' | B McGarry   | C Paterson     | I Connell   |
| 89 40.07            | 15.12 118   | 12.50 101      | 12.05 89    |
| Maryhill H 'B'      | M McCartney | A Huntly       | M Teague    |
| 90 40.08            | 13.34 67    | 12.46 61       | 13.48 90    |
| Haddington ELP 'A'  | A Aitchison | K Fotheringham | P Rough     |
| 91 40.09            | 14.20 98    | 12.27 76       | 13.22 91    |
| Colzium AC 'D'      | G Finnigan  | M Frail        | M Spalding  |
| 92 40.09            | 13.37 69    | 13.29 87       | 13.03 92    |
| Kilbarchan AAC 'D'  | M Cridge    | C Haize        | F Fulton    |
| 93 40.17            | 15.00 110   | 12.54 99       | 12.23 93    |
| Clydesdale H 'C'    | A Hutson    | J Mullen       | G Young     |
| 94 40.39            | 15.38 123   | 12.27 103      | 12.34 94    |
| Cumbernauld AAC 'B' | S Drummond  | I Salmond      | K Woods     |
| 95 40.50            | 13.51 80    | 13.27 93       | 13.32 95    |

|                     |               |              |             |
|---------------------|---------------|--------------|-------------|
| Hamilton H 'B'      | I Paterson    | A Todd       | J Low       |
| 96 40.52            | 15.12 120     | 13.22 110    | 12.18 96    |
| Larkhall YMCA 'B'   | C Bell        | F Smart      | C Morrison  |
| 97 40.56            | 14.01 84      | 12.56 84     | 13.59 97    |
| Bellahouston H 'C'  | S Collie      | S Devine     | M Copeland  |
| 98 41.03            | 15.54 127     | 12.34 107    | 12.35 98    |
| Teviotdale H 'C'    | M Bailey      | D Seath      | D Riddle    |
| 99 41.03            | 15.12 117     | 13.31 112    | 12.24 99    |
| Livingstone AC 'C'  | H Cameron     | A Hanley     | S Akers     |
| 100 41.03           | 14.45 103     | 13.29 104    | 11.49 100   |
| Loudoun Runners 'C' | G Barton      | S Loghran    | C King      |
| 101 41.03           | 14.49 104     | 14.00 115    | 12.14 101   |
| Spango Valley 'A'   | E Dobbin      | M Gallagher  | C Campbell  |
| 102 41.53           | 13.11 41      | 15.38 104    | 13.04 102   |
| Cambuslang H 'F'    | I Carmichael  | S Donegan    | C Wilson    |
| 103 41.55           | 13.37 71      | 13.33 91     | 14.45 103   |
| Clydesdale H 'D'    | S Baillie     | M Dugher     | S Poole     |
| 104 42.13           | 15.04 112     | 13.50 116    | 13.19 104   |
| Edinburgh AC 'B'    | I Steele      | M McCartney  | M Steele    |
| 105 42.19           | 12.46 23      | 17.30 121    | 12.03 105   |
| Clydebank AC 'I'    | M Hamilton    | C Cleland    | I Gallagher |
| 106 42.41           | 14.11 91      | 14.19 108    | 14.11 106   |
| Livingstone AC 'D'  | S Grant       | A Cunningham | A Biggar    |
| 107 42.41           | 16.01 128     | 13.39 120    | 13.01 107   |
| Irvine AC 'E'       | P Miller      | G Parker     | J Bailey    |
| 108 43.04           | 14.30 100     | 14.13 113    | 14.21 108   |
| Livingstone AC 'E'  | D Moran       | A Kemlo      | G Small     |
| 109 43.55           | 15.38 122     | 14.00 119    | 14.17 109   |
| Victoria Park 'F'   | C Alexander   | E McDonald   | K Wilson    |
| 110 44.38           | 14.14 94      | 16.44 124    | 13.40 110   |
| Edinburgh South 'E' | D Denning     | K Whitson    | L Orr       |
| 111 45.07           | 14.01 85      | 17.53 125    | 13.13 111   |
| Clydebank AC 'J'    | D Mc Allister | C Vincent    | I Beattie   |
| 112 47.36           | 14.53 105     | 17.47 126    | 14.56 112   |

### Incomplete teams

|                      |              |              |
|----------------------|--------------|--------------|
| Bellahouston H 'D'   | V Docherty   | P Dillon     |
|                      | 15.10 116    | 13.46 117    |
| Bellahouston H 'E'   | R Stewart    | M Middleton  |
|                      | 15.04 111    | 17.38 127    |
| Clydesdale H 'E'     | D Govan      | R Stevenson  |
|                      | 14.20 99     | 16.20 123    |
| Dumfries AC 'D'      | K McIlwraith | I Donowho    |
|                      | 13.50 79     | 12.48 69     |
| East Kilbride AC 'D' | G Brown      | S Littlewood |
|                      | 13.32 64     | 12.53 64     |
| Edinburgh AC 'E'     | G Bold       | R Milligan   |
|                      | 14.53 107    | 13.44 111    |
| Kilbarchan AC 'E'    | C Reilly     | P Johnson    |
|                      | 15.40 124    | 14.35 118    |
| Kilbarchan AC 'F'    | P Dorrington |              |
|                      | 14.16 97     |              |
| Kilmarnock H 'E'     | S Mackie     | B McManus    |
|                      | 14.53 106    | 13.39 109    |
| Loudoun Runners 'D'  | S Fraser     | R Fraser     |
|                      | 15.12 119    | 13.10 105    |
| Maryhill H 'C'       | S Gilroy     |              |
|                      | 14.04 87     |              |
| Pitreavie AC 'D'     | J McComb     | C Dalrymple  |
|                      | 13.20 54     | 12.47 56     |
| Shettleston H 'B'    | D Halliday   | S Dolan      |
|                      | 13.20 53     | 12.38 52     |
| Shettleston H 'C'    | T McInnes    | P Haslet     |
|                      | 13.37 70     | 13.26 86     |

|                   |           |             |
|-------------------|-----------|-------------|
| Spango Valley 'B' | C Canning | C Campbell  |
|                   | 18.59 131 | 13.52 128   |
| Spango Valley 'C' | G McCue   | G Fairhurst |
|                   | 14.58 109 | 13.29 106   |
| Victoria Park 'G' | M Oliver  | D McQueen   |
|                   | 16.58 130 | 13.20 122   |
| Victoria Park 'H' | T Rowdon  | I Clark     |
|                   | 16.19 129 | 10.33? 81   |

### Fastest Laps

|             |         |              |                     |
|-------------|---------|--------------|---------------------|
| Junior Boys | 11.53   | R Carmichael | Edinburgh AC 'A'    |
| Senior Boys | ? 10.33 | I Clark      | Victoria Park 'H' ? |
|             | 10.56   | G Reid       | Kilmarnock Har 'A'  |
| Youths      | 10.11   | C Murphy     | Pitreavie AAC 'A'   |

SCOTTISH CROSS COUNTRY UNION  
NATIONAL RELAY CHAMPIONSHIP  
25th October 1986

SENIORS

|                     |             |             |              |               |
|---------------------|-------------|-------------|--------------|---------------|
| Edinburgh South 'A' | A Robson    | C Henderson | I Steel      | J Robson      |
| 1 50.08             | 13.01 12    | 12.25 4     | 12.30 2      | 12.12 1       |
| Cambuslang H 'A'    | D McShane   | E Stewart   | C Thomson    | E Gilmour     |
| 2 50.11             | 12.33 1     | 12.29 1     | 12.53 1      | 12.16 2       |
| Spango Valley 'A'   | C Robison   | G Conaghan  | P Conaghan   | L Snence      |
| 3 50.31             | 12.39 4     | 12.54 6     | 12.25 3      | 12.33 3       |
| Motherwell YMCA 'A' | S Marshall  | P Dugdale   | K Newberry   | P Fox         |
| 4 50.42             | 12.36 2     | 12.33 2     | 13.02 4      | 12.31 4       |
| Teviotdale H 'A'    | B Emmerson  | R Hall      | I Elliott    | A Walker      |
| 5 51.04             | 12.49 6     | 12.43 5     | 12.51 5      | 12.41 5       |
| Greenock Glen 'A'   | P Duffy     | T Murray    | D McLaughlin | H Cox         |
| 6 51.15             | 13.12 21    | 12.10 3     | 13.24 9      | 12.29 6       |
| Law & District 'A'  | B Nelson    | H Forge     | A Russell    | D Frame       |
| 7 51.18             | 12.51 7     | 13.17 12    | 12.26 7      | 12.42 7       |
| Falkirk Vic 'A'     | J Pentecost | D Bain      | J McGarva    | D Gibson      |
| 8 51.32             | 12.47 5     | 12.46 7     | 12.52 6      | 13.07 8       |
| Springburn H 'A'    | A McIndoe   | A Chalmers  | J Cooper     | A Callan      |
| 9 51.35             | 13.05 14    | 13.17 15    | 13.11 12     | 12.02 9       |
| Kilbarchan AAC 'A'  | T Hearle    | R Hawkins   | C Wallace    | A Puckrin     |
| 10 51.54            | 13.07 15    | 12.28 9     | 13.04 8      | 13.15 10      |
| Edinburgh AC 'A'    | G Brown     | D Marr      | B Kirkwood   | L Robertson   |
| 11 52.03            | 13.13 22    | 12.59 13    | 12.49 11     | 13.02 11      |
| Dundee Hawkhill 'A' | G Small     | B Cook      | C Bell       | C Ross        |
| 12 52.43            | 13.17 23    | 13.21 23    | 13.06 16     | 12.59 12      |
| Spango Valley 'B'   | C Leck      | T Osborne   | T Wilkie     | M Brighthouse |
| 13 52.55            | 12.57 9     | 12.54 10    | 13.44 13     | 13.20 13      |
| Clydesdale H 'A'    | J Austin    | P Doran     | P Dolan      | J Cowan       |
| 14 52.57            | 12.59 10    | 13.30 17    | 13.20 17     | 13.08 14      |
| Shettleston H 'A'   | A Swann     | F Stewart   | P Carton     | D Cameron     |
| 15 52.59            | 13.08 16    | 13.24 19    | 13.06 14     | 13.21 15      |
| Cambuslang H 'B'    | T Ulliott   | J Orr       | A Bain       | B Lang        |
| 16 53.06            | 13.27 30    | 12.48 14    | 13.27 15     | 13.24 16      |
| Victoria Park 'A'   | M Wallace   | P Wilson    | R Stokes     | J Doyle       |
| 17 53.08            | 12.37 3     | 12.58 8     | 13.25 10     | 14.08 17      |
| Bellahouston H 'A'  | J Adair     | P Fleming   | J Charles    | R Fitzsimmons |
| 18 53.13            | 13.27 31    | 12.28 11    | 14.10 20     | 13.08 18      |
| Teviotdale H 'B'    | K Logan     | K Elliot    | A Fair       | B Neilson     |
| 19 53.20            | 13.04 13    | 13.24 16    | 13.33 18     | 13.19 19      |
| Ayr Seaforth 'A'    | G Fallon    | J Strawhorn | J Caird      | G Wight       |
| 20 53.24            | 13.09 17    | 13.31 23    | 13.28 21     | 13.16 20      |
| Greenock Well 'A'   | J Duffy     | D McFadzen  | S McNish     | G Gaffney     |
| 21 53.30            | 13.01 11    | 13.44 24    | 13.45 27     | 13.00 21      |
| Haddington ELP 'A'  | P Marshall  | A Graham    | I Smith      | J Forte       |
| 22 53.35            | 13.19 25    | 13.20 22    | 13.23 19     | 13.33 22      |
| Edinburgh AC 'B'    | A Ward      | N D Jones   | G Philip     | D Hunter      |
| 23 53.50            | 13.27 34    | 13.24 27    | 13.32 24     | 13.24 23      |
| Glasgow Univ 'A'    | A McCormick | R Welsh     | G McIntosh   | P McIntre     |
| 24 54.06            | 13.27 33    | 13.05 20    | 14.15 31     | 13.19 24      |
| Irvine AC 'A'       | J Stevenson | R Dickinson | C Miller     | J Sneddon     |
| 25 54.07            | 13.27 35    | 13.36 31    | 13.21 25     | 13.43 25      |
| Edinburgh AC 'C'    | K Mortimer  | A Ferguson  | S Tainc      | A McKay       |
| 26 54.12            | 13.19 26    | 13.34 29    | 13.33 26     | 13.46 26      |
| Edinburgh Univ 'A'  | R Boyd      | R Brown     | C Robson     | R Gibb        |
| 27 54.15            | 13.27 32    | 13.20 26    | 13.52 28     | 13.36 27      |
| Kilbarchan AAC 'B'  | K McKinlay  | G Gibson    | P Mayles     | S Ross        |
| 28 54.18            | 13.41 44    | 14.08 49    | 12.51 29     | 13.38 28      |
| Pitcavie AAC 'A'    | P Simpson   | K Duncan    | J Young      | W McNeil      |
| 29 54.29            | 13.19 24    | 13.56 36    | 13.46 34     | 13.28 29      |
| Greenock Glen 'B'   | T Curren    | C Grainger  | B McGuinness | W Hamill      |
| 30 54.33            | 13.24 28    | 13.41 33    | 13.45 32     | 13.43 30      |

|                      |               |             |              |             |
|----------------------|---------------|-------------|--------------|-------------|
| Calderglen H 'A'     | D Watt        | A McLellan  | T Walker     | R Sloss     |
| 31 54.34             | 12.57 8       | 13.32 18    | 13.47 23     | 14.21 31    |
| Annan & District     | C McCann      | R Carey     | D Scott      | R O'Hara    |
| 32 54.40             | 14.00 56      | 12.46 25    | 13.26 22     | 14.28 32    |
| Clydesdale H 'B'     | D Halpin      | G Carlin    | B Potts      | R Young     |
| 33 54.47             | 13.22 27      | 13.36 30    | 13.45 30     | 14.04 33    |
| Maryhill H 'A'       | G Grubb       | M Gallagher | G Robertson  | J Thomas    |
| 34 54.49             | 13.38 41      | 13.26 32    | 14.02 35     | 13.43 34    |
| Bellahouston H 'C'   | D Williamson  | A Thompson  | P McDevitt   | J Thallon   |
| 35 54.56             | 13.45 50      | 13.46 42    | 13.51 38     | 13.34 35    |
| Falkirk Vic 'B'      | J Stevenson   | G McMaster  | W Day        | G Grieve    |
| 36 54.56             | 13.38 39      | 14.04 47    | 13.49 42     | 13.55 36    |
| Central Reg 'A'      | C Currie      | M McQuaid   | G Jamieson   | R Fleming   |
| 37 54.58             | 13.45 46      | 13.21 34    | 14.02 36     | 13.50 37    |
| Clydebank AC 'A'     | J McKay       | B Donnelly  | J Kennedy    | D Williams  |
| 38 55.00             | 13.09 20      | 13.43 28    | 14.31 39     | 13.37 38    |
| Bellahouston H 'B'   | S Butler      | J Hendry    | D Burt       | C Joss      |
| 39 55.03             | 14.02 58      | 13.29 41    | 13.47 37     | 13.45 39    |
| Ayr Seaforth 'B'     | R Hill        | D McCrorie  | G Young      | A Elder     |
| 40 55.16             | 13.38 38      | 14.05 48    | 13.51 44     | 13.42 40    |
| Gala H 'A'           | R Hope        | N Renton    | A Meikle     | W Anderson  |
| 41 55.18             | 13.24 29      | 14.28 50    | 14.15 55     | 13.11 41    |
| Shettleston H 'B'    | B Coyle       | C Ross      | G Mckie      | B Keane     |
| 42 55.22             | 13.41 43      | 13.37 37    | 14.13 43     | 13.51 42    |
| Motherwell YMCA 'B'  | G Campbell    | J Quinn     | J Iatona     | S Quinn     |
| 43 55.23             | 14.26 84      | 13.08 44    | 13.57 41     | 13.52 43    |
| Dundee Hawkhill 'B'  | A Mathieson   | S Borland   | G Mitchel    | S Kerr      |
| 44 55.24             | 14.04 60      | 13.57 55    | 13.40 45     | 13.43 44    |
| Kilmarnock H 'A'     | R Borland     | A Law       | R Turley     | D Murray    |
| 45 55.25             | 13.45 51      | 14.12 52    | 14.02 53     | 13.26 45    |
| Hunters Bog T 'A'    | R Williamson  | P Keightley | J McKay      | B Gray      |
| 46 55.26             | 13.45 49      | 13.44 40    | 14.19 48     | 13.38 46    |
| Heriot Watt Univ 'A' | G Warship     | M Marshall  | J Tulloch    | H Shields   |
| 47 55.28             | 14.12 67      | 13.53 58    | 13.47 52     | 13.36 47    |
| Cambuslang H 'D'     | F Hurley      | J Robertson | C Feechan    | P McAvoy    |
| 48 55.28             | 13.53 53      | 13.43 45    | 14.07 46     | 13.45 48    |
| Cambuslang H 'C'     | W Mitchell    | B Gough     | S Miller     | T Rhodes    |
| 49 55.55             | 14.04 59      | 14.13 62    | 13.32 49     | 14.06 49    |
| Falkirk Vics 'C'     | D Lothian     | N Robertson | P Cartwright | G McArdle   |
| 50 55.56             | 13.50 52      | 14.22 59    | 14.00 56     | 13.44 50    |
| Teviotdale H 'C'     | W Knox        | A Clyne     | A Cassan     | A Samuel    |
| 51 55.59             | 13.36 37      | 13.55 43    | 14.21 51     | 14.07 51    |
| Inverness H          | J Bowman      | G Garwand   | G Crawford   | D Rae       |
| 52 56.04             | 13.09 18      | 13.58 35    | 13.53 33     | 15.04 52    |
| Ayr Seaforth 'C'     | B Boyd        | L Baker     | J Young      | D Alexander |
| 53 56.06             | 14.07 64      | 13.54 54    | 14.02 54     | 14.03 53    |
| Haddington ELP 'B'   | S Wallace     | P Beeson    | A Bone       | D Bell      |
| 54 56.06             | 14.04 61      | 14.15 63    | 13.55 57     | 13.52 54    |
| Greenock Glen 'C'    | R Cleary      | P Russell   | R Johns      | I Cameron   |
| 55 56.10             | 13.56 55      | 14.00 51    | 13.48 47     | 14.26 55    |
| Springburn H 'B'     | B Meechan     | F Wright    | T Hoy        | H Gorman    |
| 56 56.11             | 14.49 105     | 14.05 78    | 13.39 60     | 13.38 56    |
| Hunters Bog T 'B'    | P Blessington | C Hunter    | B Blair      | G Thomas    |
| 57 56.27             | 13.41 42      | 13.47 49    | 14.00 40     | 14.59 57    |
| Perth Strathray      | S Hale        | H Mathers   | A Riach      | D Knight    |
| 58 56.31             | 13.09 19      | 14.27 46    | 14.16 50     | 14.30 58    |
| East Kilbride 'A'    | G Colvin      | G Reid      | I Reid       | G Haddow    |
| 59 56.48             | 13.55 54      | 14.20 61    | 15.06 69     | 13.27 59    |
| Morkland H 'A'       | W Edgar       | T Moore     | A French     | J Small     |
| 60 56.52             | 14.22 76      | 13.39 53    | 14.31 59     | 14.20 60    |
| Edinburgh AC 'D'     | A Donachie    | G Kellie    | C McQuaig    | M Spedding  |
| 61 57.00             | 14.04 62      | 14.16 64    | 14.01 58     | 14.36 61    |
| Greenock Well 'B'    | G King        | D Docherty  | A Lennox     | H Mooney    |
| 62 57.05             | 14.17 69      | 13.57 60    | 14.20 61     | 14.31 62    |

|                     |    |       |                |       |     |             |       |     |                |       |     |              |       |    |
|---------------------|----|-------|----------------|-------|-----|-------------|-------|-----|----------------|-------|-----|--------------|-------|----|
| Milburn H 'A'       | 63 | 57.28 | F Caldwell     | 14.29 | 88  | J Harrison  | 14.36 | 84  | F Caldwell     | 14.13 | 67  | R Hurt       | 14.10 | 63 |
| Kilbarchan AC 'C'   | 64 | 57.39 | J McDougall    | 14.36 | 95  | J Snodgrass | 14.11 | 73  | D Petrie       | 14.32 | 68  | S McCormick  | 14.20 | 64 |
| Irvine 'B'          | 65 | 57.40 | J White        | 14.24 | 78  | D King      | 14.26 | 75  | J Brennan      | 14.40 | 76  | B Craig      | 14.10 | 65 |
| Greenock Glen 'D'   | 66 | 57.48 | G McGrattan    | 14.29 | 87  | E Currie    | 14.36 | 83  | I McCreddie    | 14.19 | 72  | R Boyd       | 14.22 | 66 |
| Bellahouston 'D'    | 67 | 57.53 | I Burke        | 13.45 | 48  | H Fennion   | 15.05 | 76  | T Donnelly     | 14.34 | 71  | J Russell    | 14.29 | 67 |
| Law & Dist. 'B'     | 68 | 57.58 | A Ramage       | 13.38 | 40  | H Walker    | 14.54 | 67  | J Aitken       | 14.37 | 65  | J Rowley     | 14.49 | 68 |
| Dundee Hawkhill 'C' | 69 | 58.07 | D Sullivan     | 14.35 | 93  | G Leuchars  | 14.48 | 90  | M Strachan     | 13.24 | 63  | T Kilcullan  | 15.20 | 69 |
| Clydesdale H 'C'    | 70 | 58.13 | R Roxburgh     | 14.20 | 74  | J Wright    | 14.33 | 77  | A Wright       | 14.44 | 79  | R Shields    | 14.36 | 70 |
| Greenock Glen 'E'   | 71 | 58.15 | W Jukes        | 14.17 | 72  | A Crossan   | 14.29 | 72  | D McNeil       | 14.44 | 75  | J Docherty   | 14.45 | 71 |
| Maryhill H 'B'      | 72 | 58.15 | D Shearon      | 14.31 | 89  | M McCartney | 14.07 | 70  | S Lydon        | 14.52 | 77  | J Biggam     | 14.45 | 72 |
| Calderglen 'B'      | 73 | 58.21 | R Shanks       | 14.21 | 75  | W Johnstone | 14.10 | 66  | P Moore        | 14.12 | 62  | A Paterson   | 15.38 | 73 |
| Dalry Thistle       | 74 | 58.25 | D Auchie       | 14.24 | 81  | I Auchie    | 14.10 | 68  | A McDowell     | 14.23 | 64  | J Hodgart    | 15.28 | 74 |
| Spango Valley 'C'   | 75 | 58.31 | C Doyle        | 14.07 | 65  | J Gallacher | 14.20 | 65  | D McGarrity    | 14.42 | 66  | W Broadley   | 15.22 | 75 |
| Garscube H 'A'      | 76 | 58.36 | J. Alexander   | 14.11 | 66  | S Clements  | 14.56 | 85  | S Cullen       | 14.37 | 80  | S Smith      | 14.52 | 76 |
| Shettleston H 'C'   | 77 | 58.41 | P McMahon      | 14.36 | 94  | J Morrison  | 14.31 | 86  | P McMonagle    | 15.28 | 91  | J Ross       | 14.06 | 77 |
| Edinburgh Uni 'B'   | 78 | 58.47 | M Gilfoyle     | 14.31 | 90  | I Wallace   | 14.04 | 69  | H Douglas      | 14.55 | 74  | R Whitehew   | 15.17 | 78 |
| Dundee Uni 'A'      | 79 | 58.49 | J Affleck      | 15.02 | 111 | L King      | 14.23 | 91  | P Coyle        | 14.37 | 84  | G Gallacher  | 14.47 | 79 |
| Avr Seaforth 'D'    | 80 | 59.01 | F Robertson    | 14.41 | 97  | I Baird     | 14.49 | 93  | D Brackenridge | 15.15 | 92  | A Stewart    | 14.19 | 80 |
| Irvine AC 'C'       | 81 | 59.14 | J Murray       | 14.26 | 85  | F Collier   | 14.44 | 89  | A Crawford     | 14.23 | 78  | F Dowell     | 15.41 | 81 |
| Teviotdale H 'D'    | 82 | 59.16 | F Cannon       | 13.45 | 47  | J Darcy     | 14.54 | 71  | M Davidson     | 14.49 | 73  | N Dalgetty   | 15.48 | 82 |
| Hunters Bog T 'C'   | 83 | 59.17 | S Ogston       | 14.38 | 96  | N Thomas    | 14.26 | 82  | I Marshall     | 14.41 | 81  | D Hughes     | 15.32 | 83 |
| Clydebank AAC 'B'   | 84 | 59.25 | C Docherty     | 14.19 | 73  | M.O'Hagan   | 14.40 | 80  | M Allison      | 15.13 | 87  | A McKay      | 15.13 | 84 |
| Cambuslang H 'E'    | 85 | 59.35 | G Aird         | 14.24 | 80  | A Gemmel    | 15.24 | 95  | R Anderson     | 14.58 | 93  | J McGugan    | 14.49 | 85 |
| Falkirk Vic 'D'     | 86 | 59.42 | T Bain         | 14.26 | 83  | C Lumsden   | 15.04 | 92  | B McCulloch    | 14.21 | 82  | C Grieve     | 15.51 | 86 |
| Kilmarnock H 'B'    | 87 | 59.57 | J Halliday     | 14.49 | 106 | H Rankin    | 14.18 | 88  | B McPhaill     | 15.01 | 85  | D Lennon     | 15.49 | 87 |
| Spango Valley 'D'   | 88 | 60.03 | A McKnight     | 14.17 | 70  | D McCabe    | 14.40 | 79  | C Burns        | 15.03 | 83  | W Kerr       | 16.57 | 88 |
| St Andrews Univ 'A' | 89 | 60.08 | R Moore        | 15.04 | 114 | C Hadfield  | 15.23 | 111 | R Hard         | 14.28 | 95  | S Thompson   | 15.13 | 89 |
| Spango Valley 'E'   | 90 | 60.13 | J Conaghan     | 14.41 | 98  | D Campbell  | 14.52 | 94  | D Martin       | 14.47 | 89  | G Spence     | 15.53 | 90 |
| Westerlands CCC 'A' | 91 | 60.15 | D Calder       | 13.41 | 45  | W Reid      | 16.27 | 100 | A Cameron      | 15.24 | 98  | T Donohue    | 14.43 | 91 |
| Larkhall YMCA H     | 92 | 60.23 | C Merriweather | 15.28 | 126 | F Higgins   | 14.45 | 102 | P Cowan        | 14.19 | 90  | M McLaughlan | 15.51 | 92 |
| Irvine AC 'D'       | 93 | 60.45 | J Morton       | 15.33 | 128 | D Duke      | 14.55 | 113 | P Mackie       | 15.10 | 100 | W Connolly   | 15.07 | 93 |
| Clydesdale H 'D'    | 94 | 60.48 | J Shields      | 14.31 | 91  | D Gibson    | 15.22 | 96  | D Rothin       | 15.08 | 97  | I Murphy     | 15.47 | 94 |

|                       |              |               |               |               |
|-----------------------|--------------|---------------|---------------|---------------|
| Central Reg. 'B'      | K Mansell    | D Stout       | H Flemming    | J Martin      |
| 95 61.03              | 14.29 86     | 14.20 74      | 16.06 96      | 16.08 95      |
| Clydebank AC 'C'      | J McLaughlin | G Kane        | N Dougan      | P Darroch     |
| 96 61.05              | 14.49 107    | 15.20 101     | 15.32 101     | 15.24 96      |
| L & L Track 'A'       | S Allen      | J Cook        | R Templeton   | J McGillivray |
| 97 61.07              | 14.17 71     | 13.48 56      | 15.19 70      | 17.43 97      |
| Gala Har. 'B'         | R Fitch      | T Kerr        | M Bennett     | J Hunter      |
| 98 61.08              | 15.22 125    | 15.17 117     | 15.33 106     | 14.56 98      |
| Greenock Glen 'F'     | J Davidson   | J Kerr        | K Duffy       | J Carruthers  |
| 99 61.10              | 14.49 104    | 15.04 97      | 14.54 94      | 16.23 99      |
| Dumfries AC           | J Boardman   | D Allan       | J Hyslop      | D Leaver      |
| 100 61.18             | 14.02 57     | 14.03 57      | 16.05 86      | 17.08 100     |
| Haddington ELP 'C'    | S Mathieson  | C McKenzie    | F McCain      | A Morris      |
| 101 61.24             | 14.07 63     | 14.53 81      | 15.15 88      | 17.09 101     |
| Springburn H 'C'      | J McKenzie   | M Montgomery  | L Bruce       | R Rochford    |
| 102 61.32             | 15.43 131    | 15.36 124     | 15.05 109     | 15.08 102     |
| Harriot Watt Univ 'B' | B Eggeling   | K McGill      | C Docherty    | I Morrison    |
| 103 61.45             | 16.42 143    | 16.10 135     | 14.32 118     | 14.21 103     |
| Barr & Stroud H 'A'   | J Kerr       | A Martin      | S Millen      | A Spiers      |
| 104 61.46             | 15.17 123    | 15.10 112     | 15.28 103     | 15.51 104     |
| Edinburgh Univ 'C'    | C Marston    | M Stewart     | M Clerk       | C Forsyth     |
| 105 61.52             | 15.35 129    | 16.01 127     | 14.47 108     | 15.29 105     |
| Shettleston H 'D'     | H Inglis     | S Pickles     | E Collins     | P Brannigan   |
| 106 61.56             | 15.12 121    | 15.02 103     | 16.05 107     | 15.37 106     |
| St Andrews Univ 'B'   | S Blake      | A Kay         | E Jarvis      | D Walker      |
| 107 62.06             | 15.46 134    | 15.32 123     | 16.28 121     | 14.20 107     |
| Dundee Hawkhill 'E'   | R McIntosh   | A McGregor    | G Stoddart    | P McCormack   |
| 108 62.06             | 16.33 139    | 16.33 137     | 14.50 123     | 14.10 108     |
| Milburn H 'B'         | C Brown      | G Lamb        | R Cameron     | J Timoney     |
| 109 62.11             | 14.43 101    | 15.41 108     | 15.21 102     | 16.26 109     |
| Dundee Hawkhill 'D'   | D Taylor     | I Shepherd    | A Birse       | N Bowe        |
| 110 62.15             | 15.04 115    | 17.04 130     | 14.55 115     | 15.12 110     |
| Westerlands CCC 'B'   | A Campbell   | S Chaney      | C Aldridge    | G Struthers   |
| 111 62.18             | 15.02 112    | 15.06 99      | 15.58 104     | 16.12 111     |
| Maryhill H 'C'        | C Love       | J Micoup      | J McLevy      | B Todd        |
| 112 62.39             | 14.43 100    | 16.29 122     | 15.54 116     | 15.33 112     |
| Calderglen H 'C'      | M Bruntes    | G Mullen      | A Munro       | A Muir        |
| 113 62.52             | 15.39 130    | 14.47 110     | 16.00 110     | 16.26 113     |
| Beith Har. 'A'        | B Cunningham | P Lee         | N Grier       | J Swindale    |
| 114 63.12             | 14.22 77     | 14.45 87      | 17.01 104     | 17.04 114     |
| Spango Valley 'F'     | B Johnston   | A Galbraith   | P Collins     | C Spence      |
| 115 63.15             | 15.29 127    | 15.33 120     | 16.24 119     | 15.49 115     |
| East Kilbride 'B'     | R Gibson     | W McCann      | D Turnbull    | P Russell     |
| 116 63.23             | 15.08 120    | 14.51 98      | 16.38 111     | 16.46 116     |
| Clydebank AAC 'D'     | N Ponsonby   | J Nisbet      | J Fitzsimmons | A Jackson     |
| 117 63.45             | 15.02 113    | 16.07 121     | 15.41 113     | 16.55 117     |
| Kilbarchan AC 'E'     | J Rodger     | J Bremner     | A Kerr        | A Smith       |
| 118 63.53             | 16.04 136    | 14.29 116     | 16.10 112     | 17.10 118     |
| Loudoun Runners       | H Ferguson   | E Bell        | G Fraser      | R Campbell    |
| 119 64.02             | 15.43 133    | 16.05 128     | 15.48 120     | 16.26 119     |
| Bellahouston H 'E'    | P O'Hagan    | J McNeill     | D Henry       | I Ross        |
| 120 64.02             | 15.43 132    | 14.32 104     | 16.36 114     | 17.11 120     |
| Barr & Stroud 'B'     | A Gailie     | R Cuthbertson | B Clinie      | T Smith       |
| 121 64.36             | 14.48 103    | 16.07 118     | 17.12 124     | 16.29 121     |
| Kilbarchan AC 'D'     | J Pender     | E Taylor      | R Barr        | W Hewitt      |
| 122 64.40             | 15.48 135    | 16.26 131     | 16.24 125     | 16.02 122     |
| Greenock Glen 'G'     | W Dunn       | C Smith       | R Ross        | D Neil        |
| 123 64.59             | 14.14 68     | 16.03 105     | 16.57 117     | 17.45 123     |
| Kilmarnock H 'C'      | D Dick       | R Ferguson    | A Beattie     | P Williams    |
| 124 65.21             | 14.43 99     | 16.49 126     | 17.55 126     | 15.54 124     |
| Spango Valley 'G'     | A Darling    | A Page        | L McKann      | J Reid        |
| 125 67.05             | 16.36 140    | 16.10 134     | 16.47 127     | 17.32 125     |
| Troon Tortoise 'A'    | S Robertson  | V Daly        | W McCall      | O Light       |
| 126 68.09             | 15.18 124    | 16.45 129     | 17.34 128     | 18.32 126     |

|                |           |           |           |           |
|----------------|-----------|-----------|-----------|-----------|
| Maryhill H 'D' | P Burns   | L McCue   | B McGill  | A Craig   |
| 127 69.48      | 19.27 146 | 16.31 139 | 15.24 131 | 18.26 127 |

### Incomplete teams

|                        |              |             |            |
|------------------------|--------------|-------------|------------|
| Bellahouston H 'F'     | G Stewart    | R Stoddart  | J Beckett  |
|                        | 16.18 137    | 14.07 109   | 20.29 129  |
| Dumbarton AAC 'A'      | E Brogan     | I McWatt    |            |
|                        | 15.08 119    | 15.25 115   |            |
| East Kilbride AC 'A'   | M McWilliams | P Bonner    |            |
|                        | 15.08 118    | 15.31 119   |            |
| Edinburgh AC 'E'       | M Buchan     | E Stevenson | J Keough   |
|                        | 14.45 102    | 16.37 125   | 16.25 122  |
| Edinburgh South 'B'    | J Elphinston | B Howie     |            |
|                        | 13.33 36     | 13.47 38    |            |
| Falkirk Victoria 'E'   | J O'Neill    |             |            |
|                        | 14.34 92     |             |            |
| Garscube Harriers 'B'  | M Brown      |             |            |
|                        | 14.24 79     |             |            |
| Greenock Glenpark 'H'  | G McDermott  |             |            |
|                        | 16.27 138    |             |            |
| Irvine AC 'E'          | R Campbell   | I McKenna   | B Adam     |
|                        | 16.40 142    | 16.53 138   | 17.21 130  |
| Kilbarchan AAC 'F'     | G Martin     |             |            |
|                        | 18.23 145    |             |            |
| Law & District 'C'     | P Kelly      | W Drysdale  |            |
|                        | 14.55 109    | 17.37 133   |            |
| Milburn Harriers 'C'   | R Young      | D Adams     |            |
|                        | 16.39 141    | 16.15 136   |            |
| Monkland Harriers 'B'  | T Goodwin    | A Bell      |            |
|                        | 14.55 110    | 15.33 114   |            |
| Motherwell YMCA 'C'    | J Poutney    | D Connolly  |            |
|                        | 14.52 108    | 15.29 106   |            |
| Pitreavie AAC 'B'      | G Sybble     | B Gray      |            |
|                        | 15.07 117    | 17.21 132   |            |
| Spango Valley AAC 'H'  | R Hyett      |             |            |
|                        | 15.14 122    |             |            |
| Stirling Univ 'A'      | B Fieldsend  | J Cowie     | S Marshall |
|                        | 15.04 116    | 15.18 107   | 15.15 99   |
| Troon Tortoises AC 'E' | M Sargison   | N Lea       |            |
|                        | 18.12 147    | 18.12 140   |            |

### Fastest laps

|     |       |             |                        |
|-----|-------|-------------|------------------------|
| 1st | 12.02 | A Callan    | Springburn H 'A'       |
| 2nd | 12.10 | T Murray    | Greenock Glenpark 'A'  |
| 3rd | 12.12 | J Robson    | Edinburgh Southern 'A' |
| 4th | 12.16 | A Gilmour   | Cambuslang Har 'A'     |
| 5th | 12.25 | P Conaghan  | Spango Valley 'A'      |
| 6th | 12.25 | C Henderson | Edinburgh Southern 'A' |